

# AODtraining@MHC calendar 2016

semester one • feb-june



Government of Western Australia  
Mental Health Commission

The **Mental Health Commission** is pleased to offer the Semester 1, 2016 calendar. This AODtraining@MHC calendar (formerly Training@DAO) provides a range of knowledge and skills-based training events on alcohol and other drugs (AOD) and co-occurring AOD and mental health issues conducted by experienced professional trainers.

For detailed information and registration please visit the Mental Health Commission website at [www.dao.health.wa.gov.au](http://www.dao.health.wa.gov.au)

## ST202 Skills training: Working with AOD using clients

**Event 1 • 22-24 February 2016 • 9.00am – 4.30pm**  
**or Event 2 • 25-27 May 2016 • 9.00am – 4.30pm**

This training is for workers wanting to increase their knowledge and confidence in engaging with clients affected by alcohol and other drug (AOD) use.

**Presented by:** Workforce Development staff, MHC  
**Target audience:** New service providers and others wanting to refresh their skills in working with AOD using clients  
**Application deadline:** Event 1: 1 February 2016 • Event 2: 4 May 2016

## ST318 Recognising and responding to amphetamine (including methamphetamine) using clients

NEW

**2 March 2016 • 9.00am – 4.30pm**

This workshop will provide an evidence-based approach for clinicians working with amphetamine using clients. An overview of the factors which increase amphetamine-related harms will be provided in the context of current patterns of use. Best-practice treatment guidelines will be discussed and a range of interventions will be reviewed.

**Presented by:** Mark Lowery, Workforce Development, MHC  
**Target audience:** Clinicians working with AOD using clients  
**Application deadline:** 9 February 2016

## ST290 Grassroots AOD media and advocacy: Generating constructive messages in your local community

**7 April 2016 • 9.00am – 4.30pm**

This interactive workshop will provide participants with a broad overview of how to build positive relationships with local media and introduce a variety of advocacy strategies to assist in reducing the harms associated with AOD use in their communities.

**Presented by:** Professor Mike Daube and Julia Stafford, McCusker Centre for Action on Alcohol and Youth, and Prevention and Media staff, MHC  
**Target audience:** Service providers who have an interest in reducing or preventing AOD-related harm  
**Application deadline:** 17 March 2015

## ST284 An introduction to Motivational Interviewing

**5 April 2016 • 9.30am – 4.30pm**

Motivational interviewing (MI) is a client-centred, evidence-based practice for AOD treatment. Participants will be introduced to the theoretical framework of MI and practice skills to develop a collaborative, 'change conversation' that will help clients identify and resolve ambivalence around their AOD use.

**Presented by:** Heather Jacobson, Workforce Development, MHC  
**Target audience:** Clinicians working with AOD using clients  
**Application deadline:** 15 March 2016

## KA036 Sniffing, huffing and chroming: Responding to volatile substance use

**14 June 2016 • 9.00am – 12.30pm**

**Please note:** This event covers similar content to 'What is volatile substance use?' so past participants need not apply. This workshop will provide an overview of the drug effects, patterns and prevalence of use, and the risks and harms associated with volatile substance use (VSU).

**Presented by:** Angela Rizk and Clare Stevens, Workforce Development, MHC  
**Target audience:** Workers responding to volatile substance use issues  
**Application deadline:** 24 May 2016

## ST275 An introduction to AOD prevention within communities

**12-13 May 2016 • 9.00am – 4.30pm**

This workshop will provide an introduction to the principles and models to understand and apply evidence-based AOD prevention strategies and facilitate effective community action; plan, implement and evaluate prevention activities; and engage stakeholders and the community in addressing AOD-related issues.

**Presented by:** Professor Steve Allsop, NDRI, Curtin University and Prevention staff, MHC  
**Target audience:** Service providers (including clinical workers) who have a role or interest in prevention  
**Application deadline:** 21 April 2016

## ST317 Advanced Motivational Interviewing

NEW

**15-16 June 2016 • 9.00am – 4.30pm**

**Prerequisite:** Completion of ST284 An introduction to Motivational Interviewing (or equivalent) within the last 2 years.

This two day advanced MI program will review the theoretical framework and application of MI then explore core skills and intervention strategies in depth. Participants will be encouraged to work with their own 'real plays' in order to conceptualise and integrate this key therapeutic intervention for exploring and resolving ambivalence.

**Presented by:** Heather Jacobson, Workforce Development, MHC  
**Target audience:** Clinicians working with AOD using clients  
**Application deadline:** 25 May 2016

## ST319 Alcohol Brief Intervention workshop

NEW

**17 June 2016 • 9.00am – 3.00pm**

**Prerequisite:** Completion of the online training package 'Alcohol Brief Intervention' available from [www.dao.health.wa.gov.au](http://www.dao.health.wa.gov.au). This event will enhance workers' understanding of an alcohol Brief Intervention (BI) and its flexibility as a therapeutic technique across a range of settings, contexts and clients. The BI process encourages raising the issue in a non-confrontational manner that facilitates meaningful conversations.

**Presented by:** Robynne Stark and Sharon Ditchburn, Workforce Development, MHC  
**Target audience:** Service providers working with clients who drink alcohol at risky levels  
**Application deadline:** 27 May 2016

## AOD sector training

### ST222 Induction training for new AOD workers

NEW FORMAT

**14-18 March 2016 • 9.00am – 4.30pm**

This training aims to equip new AOD workers with the foundation knowledge and skills required to work effectively with clients presenting with AOD issues. The new format comprises three discrete modules held over five days.

**Presented by:** Workforce Development staff, MHC  
**Target audience:** New workers in the AOD sector  
**Application deadline:** 23 February 2016

## AOD sector training

### ST293 Group work – making it work

**23-24 March 2016 • 9.30am – 4.30pm**

This training will consider different types of groups, how theory guides practice, skills of group facilitation, getting started, working effectively with a co-facilitator, group member roles, challenges that can occur and techniques and procedures for facilitating group process.

**Presented by:** Rachael Rea and Mark Lowery, Workforce Development, MHC  
**Target audience:** Clinicians in the AOD sector  
**Application deadline:** 2 March 2016

### ST268 Partnerships in the child protection system: Better outcomes for AOD clients and their families

**21 April 2016 • 9.00am – 4.30pm**

**Please note:** This event covers similar content to 'Protecting children is everybody's business' so past participants need not apply.

This workshop aims to provide AOD workers with the knowledge and skills to be able to recognise and respond to child harm (abuse) and neglect and navigate the child protection system to support families at risk.

**Presented by:** Kristy-Lee Abercrombie, Department for Child Protection and Family Support  
**Target audience:** Clinicians in the AOD sector  
**Application deadline:** 1 April 2016

### ST301 Family Inclusive Practice

**27-28 April 2016 • 9.30am – 4.30pm**

This workshop aims to assist workers to translate 'Working with Families' policies into practice and identify ways in which Family Inclusive Practice may be enhanced within their service.

**Presented by:** Rachel Rea, Workforce Development, MHC  
**Target audience:** Workers in the AOD sector  
**Application deadline:** 6 April 2016

### ST320 Applied Suicide Intervention Skills Training (ASIST)

**1-2 June 2016 • 9.00 am – 4.30 pm**

ASIST is a world leading intervention workshop in suicide first aid. During the two-day interactive session, participants learn to intervene and help prevent the immediate risk of suicide and provide safety-for-now.

**Presented by:** Lorna Hirsch, National Centre for Suicide Prevention WA  
**Target audience:** Clinicians in the AOD sector  
**Application deadline:** 11 May 2016

### ST322 An introduction to ACT: Acceptance and Commitment Therapy 2-day workshop

NEW

**6 May and 20 May 2016 • 9.00am – 4.30pm**

**Please note:** this is one event held over these two dates.

Acceptance and Commitment Therapy (ACT) is a major therapeutic model to help people learn strategies to live life more in the present, more focused on important values and goals, and less focused on painful thoughts, feelings and experiences. This two-day workshop provides an introduction to the model for therapists working in the AOD field.

**Presented by:** Mitch Hart, Clinical Psychologist and ACBS peer reviewed ACT trainer  
**Target audience:** Clinicians in the AOD sector in a counselling role  
**Application deadline:** 15 April 2016



Strong Spirit Strong Mind  
Training Program

### KA/ST027 Ways of working with Aboriginal people – Part 1 & Part 2

**Part 1 • 9 March 2016 • 9.00am – 4.30pm**  
**or Part 2 • 8 June 2016 • 9.00am – 4.30pm**

**Part 1** – This training forms part of the Strong Spirit Strong Mind series. It explores the impact that history has had on AOD use in the Aboriginal community and provides broad intervention frameworks based on empowerment principles.

**Part 2 Prerequisite:** Participants are required to have attended Ways of working with Aboriginal people – Part 1.

**Part 2** – This session builds on culturally secure concepts and models, and introduces resources to respond to Aboriginal alcohol and other drug use.

**Presented by:** Strong Spirit Strong Mind Aboriginal Programs Branch, MHC  
**Target audience:** Workers who have Aboriginal clients: Individuals and families. Aboriginal workers are encouraged to attend  
**Application deadline:** Part 1: 17 February 2016 • Part 2: 18 May 2016

### ST269 Fetal Alcohol Spectrum Disorders prevention in Aboriginal communities

**6 April 2016 • 9.00am – 4.30pm**

Fetal Alcohol Spectrum Disorders (FASD) is a sensitive and complex issue. The Strong Spirit Strong Future Project workshop provides information on alcohol guidelines, FASD and prevention strategies for professionals who are working with Aboriginal women of child-bearing age who may be using alcohol.

**Presented by:** Sharene Kocsis and Judi Stone, MHC  
**Target audience:** Workers who have Aboriginal clients: Individuals and families. Aboriginal workers are encouraged to attend  
**Application deadline:** 16 March 2016

### ST287 Cultural ways of responding to AOD and injecting drug use in Aboriginal communities

**11 May 2016 • 9.00am - 4.30pm**

The consequences of blood-borne viruses (BBVs) can have devastating effects for individuals, families and communities. This training will focus on skills to reduce harm from AOD use and reduce the transmission of BBVs. Topics presented will cover culturally secure AOD models, impacts of colonisation and effective cultural communication.

**Presented by:** Ursula Swan, Strong Spirit Strong Mind Aboriginal Programs Branch, MHC  
**Target audience:** Health professionals working with Aboriginal people, families and communities. Aboriginal workers are encouraged to attend  
**Application deadline:** 20 April 2016

### ST321 Understanding and responding to young people experiencing psychosis

NEW

**9 June 2016 • 9.00am – 4.30pm**

This training will explore the early identification of AOD using young people experiencing psychosis and assist workers to identify the symptoms, how to respond and where to get help.

**Presented by:** Ilona Law, Youth Axis and Nikki Perry, Headspace Youth Early Psychosis Program (hYEPP)  
**Target audience:** Clinicians in the AOD sector working with young people  
**Application deadline:** 18 May 2016